

SEASON KICKOFF CHECKLIST

Make sure your programs, people, and policies are ready for a safe and successful season with this compliance checklist.



Find helpful and relevant training information on the topics below in the NFHS Learning Center. FinalForms is a proud partner of the NFHS.

1. FOR ATHLETIC DIRECTORS

- | | |
|--|---|
| ☐ Emergency Action Plans (EAP) | ☐ 14 Legal Duties of an AD & Coach |
| ☐ Severe Weather Policy | ☐ Required NFHS Learning Courses |
| ☐ Safeguarding Policy | ☐ Verify Required Forms Are Current |
| ☐ Anaphylaxis & Allergy Emergency Action Plan | ☐ Review Insurance Coverage |
| ☐ Coaches Kick Off Meeting | ☐ Equipment & Facility Safety Checks |
| | ☐ Communication Plan |



BE READY. BE PROTECTED.

Thorough preparation today helps protect your athletes, your coaches, and your program.

2. FOR COACHES

- | | |
|---|---|
| ☐ Background Checks & Fingerprints | Recommended NFHS Courses |
| ☐ CPR/AED Certification | ☐ <i>NFHS Fundamentals of Coaching</i> |
| ☐ Technology Training | ☐ <i>NFHS Sport First Aid</i> |
| ☐ NFHS Learning Courses | ☐ <i>NFHS Concussions in Sports</i> |
| | ☐ <i>NFHS Sudden Cardiac Arrest</i> |
| | ☐ <i>NFHS Heat Illness Prevention</i> |



TRAINED COACHES. SAFER ATHLETES.

Get your coaches certified. Stay informed and lead by example.

3. SUPPORTING PARENTS & STUDENT-ATHLETES

- | | |
|--|---|
| ☐ Updated Physical Exam | ☐ Drug Testing Consent |
| ☐ Parental Consent Forms | ☐ Athletic Insurance Waiver |
| ☐ Emergency Medical Info & Contacts | ☐ Concussion Acknowledgement |
| ☐ Consent for Medical Care | ☐ Media Release |



INFORMED FAMILIES SAFE ATHLETES.

Complete these steps to keep your student-athletes safe and ready to compete.